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*Partners Working Together...
 Making Your Employment Connection
 For Today & Tomorrow*

June 2017

8:30 a. m. – 4:30 p. m. Monday through Friday
 171 E. State St./Martin Luther King Jr. St., Center Ithaca, Suite 241, Ithaca, NY 14850
 Phone: (607) 272-7570 Ext. 118, Fax: (607) 272-2835
 E-mail: firststop@tompkins-co.org

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Professional Opportunity Developers 9:00 – 11:00 a.m.	2
5	6 METRIX Overview 10:00 – 11:00 a.m.	7	8	9
12	13 Tips for Job Hunters Age 50 and Over 10:00 a.m. – noon	14	15 Professional Opportunity Developers 9:00 – 11:00 a.m.	16 Tompkins Trust Company Meet the Employer 10:00 – 11:00 a.m.
19 METRIX Overview 11:00 a.m. – noon	20	21	22 Crafting Your 60 Second Pitch 9:00 – 11:00 a.m.	23 Tompkins Trust Company Open Interviews 9:00 a.m. – 1:00 p.m.
26	27	28 Bridging the Gap 10:00 a.m. – noon	29	30

All workshops are offered at no cost to you and will be held at the Career Center unless otherwise indicated. However, space is limited and registration is required. Please call (607) 272-7570 ext. 118, or register at the front desk. Tompkins Workforce is an Equal Opportunity Employer/Employment Service.

View all New York State Career Center Events at:
www.labor.ny.gov then Individuals/Job Seekers/Career Events

June 2017 WORKSHOP DESCRIPTIONS

Professional Opportunity Developers Group Meetings: Thursdays, June 1st and 15th from 9:00 – 11:00 a.m. Network with people who previously held executive level or highly technical positions.

Metrix E-Learning Information Sessions: Tuesday, June 6th from 10:00 – 11:00 a.m. and Monday, June 19th from 11:00 a.m. – 12:00 p.m. Metrix E-Learning is an online skills and job-related training program that contains over **20,000 courses and assessments**. Courses range in topics from accounting, leadership, healthcare, and computer programming, etc. Once registered, customers have accounts with unlimited access for 6 months. **Please note: This workshop requires a mid-level competency with computers. If you want to learn basic computer skills, please speak with a counselor at the Resource Desk.**

Tips for Job Hunters Age 50 and Over: Tuesday, June 13th from 10:00 a.m. – 12:00 p.m. Mature Workers face challenges in the job search market, such as age discrimination. Have you ever been called “over qualified”? Do you feel you’ve been stereotyped? Discussion topics include myths / stereotypes about older workers, ways to overcome them, and changes in job search methods and materials.

Tompkins Trust Company Meet the Employer: Friday, June 16th from 10:00 – 11:00 a.m. A Human Resource Representative from Tompkins Trust Company will be presenting information on Tompkins Trust and their hiring process. Please look at the company website in advance of the presentation and come prepared to ask questions. (www.tompkinstrust.com). Applicants are encouraged to bring a resume.

Crafting Your 60 Second Pitch: Thursday, June 22nd from 9:00 – 11:00 a.m. 60-Second Pitches, Elevator Speeches, and Introductions. Oh My! Are you unsure what to say when the first question in an interview is: “So, tell us about yourself!” How do you *really* introduce yourself to an employer? In this workshop, participants will learn about the 60- Second Pitch, how to use it, and begin creating and practicing one’s very own!

Tompkins Trust Company Open Interviews: Friday, June 23rd from 9:00 a.m. – 1:00 p.m. A Human Resource Representative from Tompkins Trust Company will be conducting brief open informational interviews. Applicants will be given a 15 minute time slot when you register for the event. Please look at the company website (www.tompkinstrust.com) in advance of the interview and come prepared to ask questions. Applicants must bring their resume and be dressed professionally.

Bridging the Gap Workshop: Wednesday, June 28th from 10:00 a.m. – 12:00 p.m. Thinking about going to school for a certificate or degree? Are you thinking about training to improve skills or to learn a new skill? Do you need information on what’s available locally, who to talk to and how to begin? The Bridging the Gap Workshop will cover what is available locally for training, degree programs, certificates, and funding sources. It will also cover local labor market information to help provide the guidance needed to make such a valuable career decision.

